

## Minimum-Equipment Survival Kit

- Warm Cap
- Blanket (wool blanket, or military “Poncho Liner,” or sleeping bag?)
- Blanket Pin & Sash or 6 foot length of Cordage
- Rain Poncho (coated nylon), or Large Plastic Trash Bag
- 6'x8' or 8'x10' “Poly” Tarp
- Water Bottle (at least 1 quart/liter)
- Bandanna and/or Cravat and/or Scarf
- ± $\frac{1}{3}$  Roll of Toilet Paper (in re-sealable plastic bag)
- Small First-Aid Kit (with basic items)
- Fire-Starting Kit
- Food (nuts, flour mix, dried fruit, dried soup mix, salt, etc.)
- Cook-Pot
- Knife (for food preparation and fine carving)
- Bush Knife or 10-inch Machete, or Tomahawk, or Folding Camp Saw
- Twine (50 to 100 feet)
- Pack

## Optional Gear

- Hygiene Items (toothbrush, hair brush, feminine hygiene items)
- 3-foot Square of Poly-tarp Material (for a dry working/sitting area, carrying water)
- Water Filter
- Sewing Kit (awl, needle and thread)
- Small Flashlight (1 “AAA” battery) or Headlamp
- Light-Weight Monocular
- Whistle
- Digging Stick or Walking Stick

